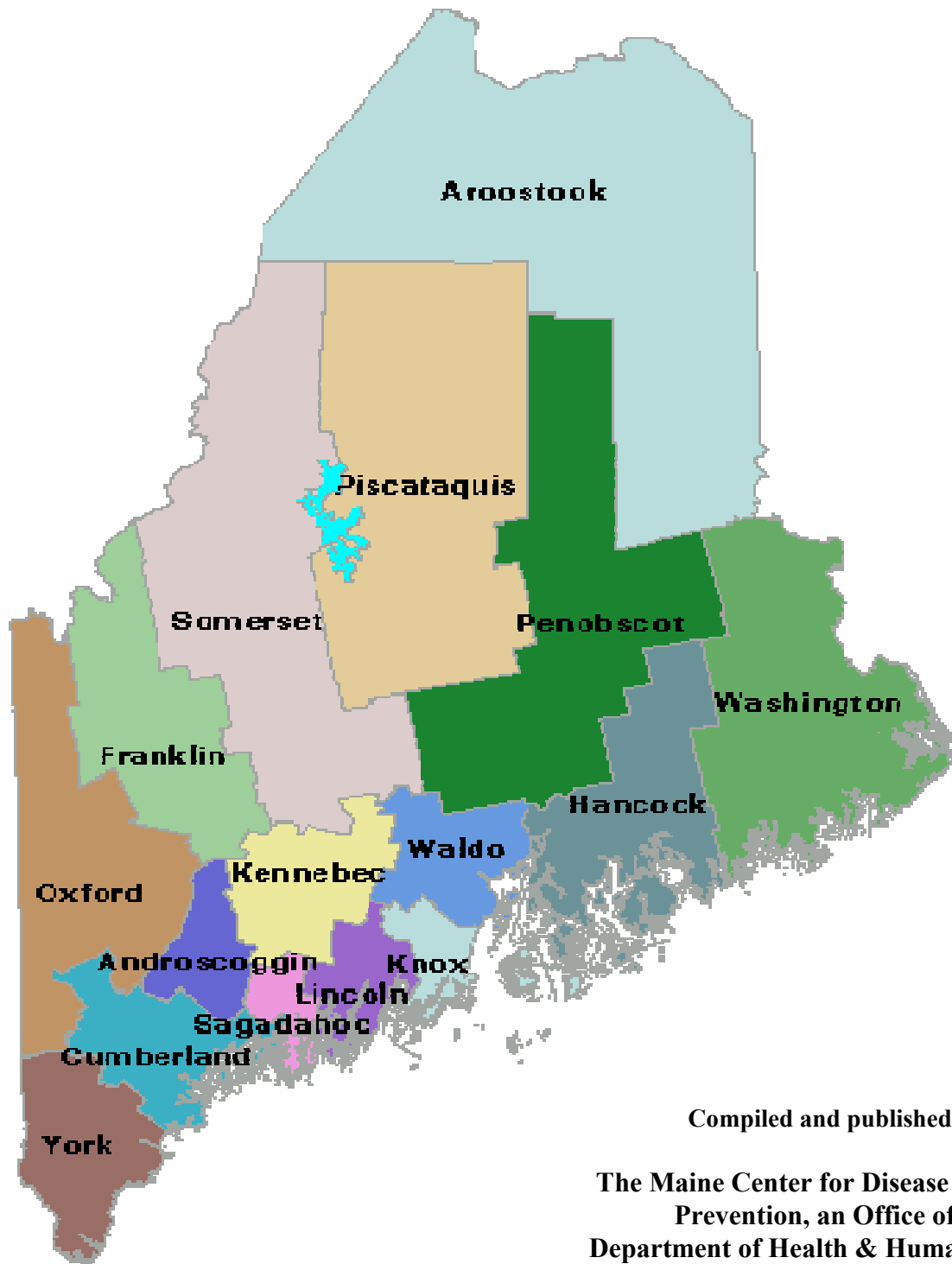


Dental Clinics & Services for Maine Residents



Compiled and published by

The Maine Center for Disease Control &
Prevention, an Office of the
Department of Health & Human Services,
Oral Health Program

Revised May 2009



Maine Center for Disease Control and Prevention

*An Office of the
Department of Health and Human Services*

John E. Baldacci, Governor

Brenda M. Harvey, Commissioner

Dental Clinics & Services For Maine Residents

**Compiled and published by the
Maine Center for Disease Control & Prevention,**

Oral Health Program

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CLINICS & DENTAL SERVICES FOR MAINE RESIDENTS

Introduction

Oral health is a vital component of overall health throughout the life cycle. Dental disease affects people of all ages, yet to a great extent, it is highly preventable. Early diagnosis of oral health problems through regular dental visits and the use of preventive measures such as fluoride and dental sealants, along with practicing good oral hygiene, good nutrition, and the prevention of oral injuries, are important for people of all age groups. Adopting, practicing, and maintaining healthy behaviors will help everyone to “Keep Your Teeth for a Lifetime.” Unfortunately, and for a variety of reasons, not everyone is able to obtain dental care on a regular basis. However, there are preventive measures and some services available to all individuals, and there have been some changes in Maine’s public and private non-profit programs during the past several years.

Community Water Fluoridation. All ground and surface water in the United States contains some amount of fluoride, the 13th most common mineral in the earth’s crust. Public water supplies can add small amounts of fluoride to their water to adjust the natural level up to a level that helps protect against tooth decay. In Maine, communities authorize water fluoridation by public referendum. Studies show that fluoridation can reduce the amount of cavities children get in their baby teeth; and can reduce tooth decay in permanent adult teeth by up to 40%. Water fluoridation protects against tooth decay all through life. Fluoridation is one of the most researched public health measures and is safe and effective when used and consumed properly. It benefits everyone, regardless of income, age, ethnicity, or ability to access dental care. Fluoridation is inexpensive; costs per person per year may vary, but over a lifetime are about the same as the cost of one dental filling, making fluoridation very cost effective. In Maine, about half our communities have public water supplies, and of these in 2009, 133 communities presently get their water from water utilities that fluoridate, providing this health benefit to about 500,000 people. For a current list of fluoridated Communities in Maine, contact the Oral Health Program or visit <http://www.maine.gov/dhhs/bohdcfh/odh/water-fluoridation.shtml>.

MaineCare: MaineCare, administered through the Department of Health & Human Services, MaineCare provides dental benefits to individuals whose incomes meet federal poverty guidelines. Eligible children and young adults under age 21 are able to get the preventive and regular care they need to facilitate normal growth and development. Eligibility is based on family income, and cost is based on family income and size. For most families there is no cost, and some families pay a small monthly premium. See page 23 for more information on these programs.

About This Directory

This directory is meant to offer a resource for health and social services providers likely to be assisting clients who do not have a regular dentist in obtaining the dental care they need. These may include people with low incomes, those who do not have insurance coverage or who are eligible for MaineCare, and individuals with special needs. There are a number of clinics and other agencies throughout the state of Maine that either directly provide dental care services, or can assist these individuals in obtaining access to care. This directory describes those clinics and agencies, the services they provide, eligibility guidelines, and where to get more information. State-funded assistance programs, tribal health programs, rural community health centers, and other potential sources of care are included. **This document is printed about every 2 years, and the information included may not remain accurate**, but we hope it can provide a start in finding appropriate resources.

The information in this directory was updated during the winter of 2009 and to the best of our knowledge, is accurate as of the date of publication. *PLEASE NOTE* that inclusion in this directory does not guarantee that services will be provided.

We would appreciate learning about other programs and services that provide or assist Maine people in obtaining dental care. If you have suggestions for additions to this directory, please forward them to the Oral Health Program (see inside cover). New information will be added to the print version when the next edition of this directory is published. In addition, from time to time, updates to this directory may be available electronically. Please check the Maine CDC Website <http://www.maine.gov/dhhs/bohdcfh/odh/index.shtml> for the most up to date version of this publication.

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Using This Directory

The Directory is divided into three major sections: (I) Clinics and Health Centers (sources of direct clinical services), listed alphabetically by county; (II) State-Funded Assistance Programs (available to eligible persons statewide); and (III) Other Resources (programs and agencies that may be helpful in obtaining care or that have several locations throughout Maine, as well as other suggestions). This section also includes a list of preventive dental hygiene providers.

Check the resources for your geographic area first. Then review Sections II and III for additional ideas. We have tried to indicate any restrictions such as residence, age or income as clearly as possible, sometimes with the use of bold type and headings. In Section III under "State-wide Resources," we have listed those clinics and health centers that did not impose residence requirements at the time of publication.

Call the clinics, health centers, and other health or social service agencies in your area even if it appears from the description that they cannot provide dental care or help obtain services. Staff may know of new resources and be able to help you, even if they deal primarily with a different population group or area of service.

SECTION I. CLINICS AND HEALTH CENTERS

Listed Alphabetically by County

(All telephone numbers are Area Code 207 unless noted otherwise.)

Androscoggin County

Resources

B Street Dental Program – Lewiston	753-5400
Community Dental – Lewiston	777-7442

Program Description

B Street Dental Program

B Street Health Center

57 Birch Street

Lewiston, ME 04240

Tel: 753-5400

Fax: 786-0489

The dental center is located in B Street Community Center at the corner of Birch and Bates Streets in downtown Lewiston. The B Street Dental Program provides dental hygiene services including cleanings, fluoride treatments, dental sealants, and radiographs. There is a pediatric dentist on staff on Tuesdays, Wednesdays and Thursdays to do examinations and restorative treatment. The program serves children 15 years of age or younger who are either covered by MaineCare or are uninsured and may qualify for our FQHC sliding-fee scale discount. This program is part of the Community Clinical Services (CCS) Federally Qualified Health Center (FQHC) that is affiliated with Sisters of Charity Health System and St. Mary's Regional Medical Center.

Hours: Monday through Thursday, 7:30 AM to 4:00 PM.

Community Dental – Lewiston

177 Main Street

Lewiston 04240

Tel: 777-7442

Fax: 777-7706

Community Dental - Lewiston provides comprehensive preventive and restorative dental services as well as oral health education to children and adults. MaineCare and private insurance are accepted. An income based sliding fee schedule is available to uninsured residents of community Dental's service areas in southern, central, and western Maine who meet the income guidelines.

Hours: Monday to Friday. 8:00 AM to 4:30 PM

Aroostook County

Program Descriptions

Eagle Lake Health Center

Carter Street
P.O. Box 309
Eagle Lake, ME 04739
Tel: 444-5973 Fax: 444-5520
Contact Person: Norman Fournier, Executive Director

The Health Center provides **preventive services only** (initial oral exams, cleanings and fluoride treatments) for children and adults. MaineCare and private insurance are accepted, and a sliding fee scale is available for patients whose family incomes meet the Center's income guidelines (based on federal poverty level). **Referrals for restorative care are made to local dentists.**

Cumberland County

Resources

City of Portland, Public Health Division	874-8450
Clinical Services, Portland	822-0232 or 800-572-4928
Community Dental - Portland	874-1028
University of New England, Portland	221-4900

Program Descriptions

City of Portland, Public Health Division

Oral Health Program
20 Portland St.
Portland, ME 04101
Tel: 874-8450 Fax: 874-8975
Contact Person: Martha Barnes, RDH, Program Coordinator

- **Dental Hygiene Clinics**
Low cost preventive dental care including cleaning, x-rays, screenings and referral services for Portland residents by appointment at 874-8450.
- **Portland Volunteer Dental Clinic**
Dental treatment for low income, uninsured, Portland residents. Volunteer dental professionals offer evening clinics by appointment at 874-8450.
- **Homeless Health Dental Clinic**
Restorative and preventive services are provided in a dental clinic for Portland's homeless population. Call 874-8450 for more information.

Clinical Services (Please note restrictions)

63 Preble Street
Portland, ME 04101
Tel: 822-0232 or 1-800-572-4928
Contact Person: Holly Sweet

This clinic provides a full range of outpatient dental services **for clients who are currently receiving services (with an assigned case worker) through the Maine Department of Health & Human Services.** The clinic treats only adults who are mentally retarded or have a chronic mental illness, under the consent decree, or mental health and mentally retarded clients that have case management with agencies that are contracted with the State of Maine.

Only accept MaineCare is accepted.

Clinic Hours: Dental – Monday to Friday 8:00 AM to 4:00 PM

Clinic Hours: Hygiene – Monday to Friday: hours vary

*****Sedation – hours vary: Sedation is only for profoundly mentally retarded individuals.**

Community Dental – Portland

640 Brighton Avenue
Portland, ME 04102
Tel: 874-1028 Fax: 842-2963

Community Dental – Portland provides comprehensive preventive and restorative dental services as well as oral health education to children and adults. A pediatric dentist is available on a part time basis. MaineCare and private insurance are accepted. An income based sliding fee schedule is available to uninsured residents of Community Dental's service areas in southern, central, and western Maine who meet the income guidelines.

Hours: Monday to Friday. 8:00 AM to 4:30 PM

University of New England

Dental Hygiene Department/Westbrook College Campus
716 Stevens Avenue
Portland, ME 04103
Tel: 221-4900

The clinic is open only from September to April.

The University of New England Dental Hygiene clinic offers dental hygiene services that include oral examination, personalized oral hygiene instruction, blood pressure screening, radiographic survey (x-rays), teeth cleaning, fluoride treatments, and sealant placement. **These services are available to the general public and there are no income restrictions.** This is a teaching clinic so appointments may require more time. Patients do not see a dentist, but work with a student hygienist. Services **NOT** provided include: fillings and restorations, extractions, crowns, root canals, orthodontics, dentures, or bridges. Maine Care is accepted for patients through age 20 only. No other insurances are accepted, only cash or check payments. Low fees are charged to cover the cost of materials only.

Children 12 and younger: fees average \$20.00

Children 13 and over: fees: average \$30.00

Discounts: senior citizens.

Hours: Monday-Friday: 8:30 AM - 4:30 PM.

Franklin County

Resources

Community Dental - Farmington
Strong Dental Center, Strong

779-2659
684-3045

Program Descriptions

Community Dental – Farmington

131 Franklin Commons, Suite 1

Farmington, ME 04938

Tel: 779-2659

Fax: 779-2697

Community Dental – Farmington, located in the Mount Blue Health Center, adjacent to Franklin Memorial Hospital, provides comprehensive preventive and restorative dental services as well as oral health education to children and adults. MaineCare and private insurance are accepted. An income based sliding fee schedule is available to uninsured residents of Community Dental's service areas in southern, central, and western Maine who meet the income guidelines
Hours: Monday to Thursday. 7:00 AM to 5:30 PM

Strong Dental Center

Strong Area Health Center

177 North Main Street

Strong, ME 04983

Tel: 684-3045

Website: www.healthreachchc.org

The Strong Dental Center is located in the Strong Area Health Center in Franklin County, one of 11 federally qualified health centers administered by HealthReach Community Health Centers. The Center serves Franklin County adults and children and accepts both commercial insurance and MaineCare. In addition, a sliding fee scale is offered for uninsured residents who meet income guidelines. A range of preventive and restorative services is provided, as well as extractions. All patients receive education and a complete oral evaluation. Funding sources that have contributed to the Dental Center include the Davis Family Foundation, the Maine Health Access Foundation, the State of Maine Department of Health & Human Services and the federal Bureau of Primary Health Care.

Hours: Monday, Wednesday, & Friday: 8:00 AM to 5:00 PM;

Tuesday & Thursday: 8:00 AM to 7:00 PM

Hancock County

Resources

Bucksport Regional Health Center	469-2359 or 1-800-993-5990
The Maine Coast Community Dental Clinic, Ellsworth	667-0293

Program Descriptions

Bucksport Regional Health Center

110 Broadway
Bucksport, ME 04416
Tel: 469-2359 1-800-993-5990
Hours: Monday, Tuesday, and Thursday: 7:30 AM to 5:30 PM
 Wednesday: 9:00 AM to 5:30 PM

The Board of Directors of the Bucksport Regional Health Center offers primary care dental services at the Bucksport Regional Dental Center. The Dental Center accepts patients of all ages on an appointment basis (no walk-ins). MaineCare insurance is welcome, as are other forms of dental insurance. Fee discounts are available and based on federal income guidelines (applications require proof of income). Emergency services, diagnostic exams, extractions, cleanings and fillings are provided, and the Dental Center is handicapped accessible.

The Maine Coast Community Dental Clinic

A program of Downeast Health Services
70 Kingsland Crossing, Suite A
Ellsworth, ME 04605
Tel: 667-0293 Fax: 667-5805
Website: www.downeasthealth.org/dental.html
Hours: Tuesday - Saturday, 7:30 AM to 6:00 PM

The Maine Coast Community Dental Clinic provides comprehensive dental and dental hygiene care. We primarily serve the children of Hancock and Washington counties and their families; however, we have patients from all over Maine. We accept new patients and emergencies as much as possible. The clinic's goal is to provide accessible and affordable care while allowing patients to pay for services directly or utilize dental insurance and MaineCare coverage. Patients may also be eligible for income-determined discounted sliding fees based on federal guidelines. Maine Coast Community Dental Clinic also sponsors portable dental programs at schools and rural areas within our service area.

Kennebec County

Resources

Capitol Community Clinic, Riverview Psychiatric Center, Augusta

624-3942 or
1-800-834-3339
872-8891

The Community Dental Center, Waterville

Program Descriptions

Capitol Community Clinic (Please note restrictions)

Capitol Community Clinic

250 Arsenal Street

Augusta, ME 04332

Tel: 624-3942 or 1-800-834-3333

Capitol Community Clinic provides a full range of general dentistry and hygiene services **for persons receiving psychiatric treatment through an agency funded by the Department of Health & Human Services**. The clinic is located within Riverview Psychiatric Center.

Business hours: Monday through Friday (excluding holidays) 8:00 AM to 4:00 PM.

Kennebec Valley Dental Coalition:

The Community Dental Center

93 Main Street - 3rd Floor

Waterville, ME 04901

Tel: 872-8891 (appointments and information)

The Kennebec Valley Dental Coalition administers this facility. The Community Dental Center offers a range of preventive and restorative services including teeth cleaning, fluoride treatments, fillings, X-rays, and extractions. Oral health education is part of every visit. MaineCare eligible persons are welcome. Individuals with private dental insurance may be seen, co-pay is due at time of visit, and some insurance plans require payment in full at time of visit. A sliding fee may be offered to residents of Kennebec and Somerset counties based on income and household size. The Community Dental Center is open 4 days a week by appointment only. Funding for the Community Dental Center is a combination of local, state, federal, and private sources including the United Way of Mid-Maine, and the United Way of Kennebec Valley.

Kennebec Valley Dental Center, Inc

269 Water St

Augusta, ME 04330

Tel: 622-3400

Website: www.kvdcnp@yahoo.com

Kennebec Valley Dental Center, Inc. is located in the Vickery Complex on the second floor directly above the Edmund Ervin Pediatric Center in downtown Augusta. The entrance for the new facility is located at 269 Water St, between the Ervin Pediatric Center and the Children's Discovery Museum and from the Riverside Parking Lot. Parking, elevator services, and handicapped access are available at the Riverside entrance. This is a non-profit oral public health agency providing mobile and stationary dental and hygiene services to low-income children and adolescents in Head Start and Childcare programs, WIC programs, and public schools throughout the State of Maine.

Knox, Lincoln, & Oxford Counties**Resources**

Knox County Health Clinic Dental Program, Rockland
Community Dental Center – Rumford

594-6996
369-3600

Program Descriptions**Community Dental - Rumford**

60 Lowell St

Rumford ME 04276

Tel 369-3600

Fax: 369-3604

Community Dental – Rumford provides comprehensive preventive and restorative dental services as well as oral health education to children and adults. MaineCare and private insurance are accepted. An income based sliding fee schedule is available to uninsured residents of Community Dental's service areas in southern, central, and western Maine who meet the income guidelines.

Hours: Monday to Thursday. 7:00 AM to 5:30 PM

Knox County Health Clinic Dental Program

22 White Street
Rockland, ME 04841
Tel: 594-6996

The Knox County Health Clinic Dental Program provides exams, cleanings, sealants, simple fillings, extractions, and acrylic partials to both adults and children whose family earnings are at or below 200% of the federal poverty guidelines. **Only residents of Knox County and those towns immediately next to Knox County are eligible for the dental program.** Priority is given to those who need dental care for pain and infection control, to improve employability, and to children who have been unable to receive dental care. There is a waiting list. Appointments are set up by the clinic staff, who will schedule patients into participating dental offices. An application must be filled out, returned to the clinic office and the fee paid before appointments will be set up. Prospective patients may obtain an application by contacting the clinic office. Patients may also come directly to the clinic office at 22 White Street in Rockland. The office is on the second floor of the Bok Medical Building, the brick building behind the Rockland Public Library and next to the Knox Center for Long Term Care. In addition, area social service and health agencies may assist prospective patients in filling out the application. There is a sliding fee scale for clinic services. Residents whose income is up to 100% of federal poverty guidelines pay \$10.00 for each visit. For those residents whose income is 101% to 200% of the guidelines, the fee is \$20.00 per visit. There is no charge for **MaineCare** insured children. **Fees must be paid 7 days prior to a scheduled appointment. Fees are forfeited if the patient fails to give at least a 24-hour cancellation notice;** patients who fail to do so are no longer eligible for services.

The clinic offers dentures to those who qualify for them. Some of the qualifications for dentures are pain control, employment and self-esteem. For those who do not qualify for dentures through this program, the clinic staff will work with patients to find other resources. Patients will be responsible for a payment of 50% of the denture laboratory fees. The fee is **approximately \$150.00** per arch, so the patient will need to pay \$75 per arch. This fee must be paid prior to starting work on denture preparation. This fee also applies to those patients needing acrylic partials.

The Knox County Health Clinic Dental Program has been supported by a grant from the Maine Department of Health & Human Services and by the charitable contributions of community members and area businesses. Volunteer dentists and hygienists staff the dental offices, generously donating their time and expertise.

Penobscot County

Resources

Dorothea Dix Psychiatric Center, Bangor	941-4120
Dental Health Programs, Bangor	262-7872
HAN Family Dental Care, Lincoln	794-8790
Katahdin Valley Health Center, Millinocket	723-6565
Penobscot Community Dental Clinic, Bangor	992-2152 Option #4

Program Descriptions

Dorothea Dix Psychiatric Center

P.O. Box 926

Bangor, ME 04402

Tel: 941-4120

Eligibility Criteria: Anyone who is currently an adult client receiving mental health or mental retardation services from the Department of Health & Human Services, i.e., a class member, a current or former inpatient of the Riverview Psychiatric Center, Augusta, Bangor Mental Health Institute, Dorothea Dix Psychiatric Center, the Pineland Center, or anyone who is currently receiving mental health or mental retardation services through an agency funded by the department **And** is unable to access dental services in the community at large, is eligible for services at the clinic. Our goal is to provide primary preventive dental services to as many of our eligible patients as our limited resources permit.

Services Available: The Dorothea Dix Dental Clinic provides general dentistry and dental hygiene treatment services to patients based on eligibility criteria as outlined above. The Clinic also provides IV sedation dentistry to Pineland Consent Decree class members as well as other individuals with mental retardation for whom sedation dentistry in a community clinic setting is clinically appropriate.

The DDPC Dental Clinic is limited in the scope and quantity of dental services it can provide, even when clinically indicated, because of the limited funding and staffing resources available

Clinic Hours: Monday to Thursday: 8:00 AM to 5:00 PM

Dental Health Programs

Lincoln Hall, 29 Texas Avenue

University College

Bangor, ME 04401

Tel: 262-7872

Contact Person: Peggy Morse

Email: peggym@maine.edu

The Dental Health Clinic operates as part of the Dental Hygiene educational program at the University of Maine. Student dental hygienists provide preventive services under the supervision of University faculty and volunteer dentists. Available services include: oral examination, scaling and polishing of teeth, oral hygiene instructions, dental X-rays, fluoride treatments, and sealants. **There are no residence requirements or income restrictions.** The Clinic does not participate in MaineCare or accept insurance, but will provide a coded receipt that can be submitted to an insurer. **The clinic is open from September through April** and is available to the general public. Appointments may be made by calling 262-7872.

Fee: Children up to age of 13 - \$24.00

Fee: Children 13 and adults - \$30.00

Health Access Network

HAN Family Dental Care
PO Box 99
9 Main Street Suite B
Lincoln, ME 04457
Tel: 794-6700

Health Access Network (HAN) is a federally funded Community Health Center providing primary and specialty care, mental health and dental services in Lincoln, Medway, and West Enfield. HAN Family Dental services are located in Lincoln. The office is fully equipped to provide education, prevention, and restorative care to people of all ages. Dental services include hygiene, X-rays, sealants, scalings, fillings, extractions, and root canals. HAN also accepts MaineCare, private pay and commercial insurance. For eligible patients, financial assistance is available; services are available on a sliding fee scale based upon income levels and household size. Emergency exams and services are generally available for patients with pain, swelling, or infection.

For more information about the Health Access Network dental program or other services, you may contact the central office at (207) 794-6700.

Hours: Monday to Thursday, 7:30 AM to 5:00 PM.

Katahdin Valley Health Center

PO Box 500, Patten ME 04765
50 Summer Street, Millinocket, ME 04462
Tel: 723-6565
Fax: 723-6564
Contact Person: Durward Humphrey, Executive Director

Katahdin Valley Health Center's (KVHC) Millinocket Dental Clinic provides a full range of diagnostic and preventive dental care as well as restorative, oral surgery, endodontics, periodontal, and emergency palliative treatment for children and adults. The Dental Clinic employs a pediatric dentist, two general dentists, two hygienists, five dental assistants, and office staff on a full-time and part time basis. Oral health education is offered to all patients. MaineCare and other dental insurance coverage are accepted; a sliding fee scale is available for patients whose family incomes meet the KVHC'S guidelines (based on federal income levels). Katahdin Valley Health Center is a Federally Qualified Health Center, receiving federal grants to provide high quality care to all community members, including low income, uninsured, and under-insured community members who may not otherwise have our services available to them.
Hours: Monday - Thursday. 7:30 am to 5:30 pm

Penobscot Community Dental Clinic (Please note restrictions)

1048 Union Street, Suite 4
Bangor, ME 04401
Tel: 992-2152, Option #4

The Penobscot Community Dental Clinic is administered by Penobscot Community Health Center (PCHC), and serves primarily children and adults from Penobscot and Piscataquis Counties on a sliding fee basis. MaineCare eligible persons are welcome. A range of preventive, extraction, and restorative services are available. The clinic is funded through federal and foundation grants.

Hours: Monday - Friday 7:30 AM to 6:30 PM

Clinic and Emergency hours are available

Piscataquis County

Resources

See Section III- Other Resources

Sagadahoc County

Program Description

Jessie Albert Memorial Dental Center

171 Congress Avenue

Bath, ME 04530

Tel: 443-9721 or 1-888-304-8020

Fax: 443-9722

The Center treats **children and young adults through the age of 20** whose families are of low to moderate income and/or are receiving financial assistance from TANF/MaineCare or participating in the Head Start program. The primary service area is Sagadahoc, Lincoln, Knox, and N.E. Cumberland counties, although the Center will treat children from all locations. Patients who do not receive financial assistance are billed according to the Center's sliding fee scale. The Center is administered by Catholic Charities Maine and supported by federal and state funds, the United Way, towns, and private sources.

Hours Monday – Thursday 7:30 AM to 5:00 PM

Friday 7:30 AM to 4:00 PM

Somerset County

Resources

See the Community Dental Center in Waterville under the Kennebec County listing.

Program Description

Waldo County

Waldo County Dental Project
P.O. Box 130, 9 Field Street, Suite 305
Belfast, ME 04915-0130
Tel: 338-6809 ext 107

The Waldo County Dental Project (WCDP) is a voucher-based oral health program which works collaboratively with the community to enhance self-esteem and employability of Waldo County income eligible residents through access to affordable dental care. Services include general dentistry, exams, x-rays, simple restorations (fillings), extractions and limited denture needs. Clients will be referred to area dentists that collaborate with WCDP. Our services are offered to low income, uninsured residents of all ages. There is a waiting list for dental referrals. We have a strong “**NO SHOW**” policy that is strictly enforced; because of our long waiting list.

Our fees are \$15 to \$20 (depending on income level) per dental visit to be paid in our office 7 days prior to the dentist appointment. Fees are used to offset the expense of dental procedures.

WCDP also offers dental hygiene clinics held monthly for cleanings, oral cancer screenings for adults, for children cleanings, fluoride treatments, and sealants are offered. Dental education is available to all age groups. Clinic fees are \$15.00 for adults to be paid on appointment date. Children’s clinic appointments are free.

We are currently offering the following age groups the dental hygiene clinic services;

- Children: “No cavities For Me Clinic” 19 months to 17 years old.
- Adults: “Young Adults Clinic” 18 to 25 year olds.
- Adult/Seniors:: “Active Adult/ Senior Clinic” 50 +
- “HMHB (Healthy Mother’s/ Healthy Babies) Clinic” for pregnant women of any age.

All other ages will be referred to dentist or hygiene school at this time for cleanings as self pay patient.

Please call for more information about the Waldo County Dental Project.

Washington County

Resources

Eastport Health Care, Inc.
Harrington Family Health Center, Harrington
Regional Medical Center at Lubec

853-6001
483-4502
733-5541

Program Descriptions

Eastport Health Care, Inc.

P.O. Box H, 30 Boynton Street

Eastport, ME 04631

Tel: 853-6001

Eastport Health Care (EHC) provides a full range of preventive and restorative services. EHC also offers Bicon implants and Invisalign services. **Emergency** appointments are available starting at 8:00 AM on a first call basis. EHC provides dental services to all patients, regardless of their ability to pay. A sliding fee scale is available for those whose family incomes meet EHC income guidelines. Dental office hours: Monday to Friday 8:00 AM to 5:00 PM

Harrington Family Health Center

Route #1, P.O. Box 82

Harrington, ME 04643

Tel: 483-4502

Contact Person: Charles Dayhoff, Administrator

The Harrington Family Health Center's dental department provides a full range of preventive and restorative services, **with priority given to adults and children in Washington and eastern Hancock counties**. Sliding fees are offered. MaineCare and private insurance are accepted.

Office hours: Monday 8:00 AM to 8:00 PM,

Hours: Tuesday to Thursday 7:30 AM to 4:30 PM.

Regional Medical Center at Lubec

43 South Lubec Road

Lubec, ME 04652

Tel: 733-5541

Contact Person: Harold Crosby, DMD

The Regional Medical Center at Lubec dental office serves children and adults, providing family dental care with a full range of preventive and restorative services, including prosthetics and minor oral surgery. MaineCare and private insurance are accepted, and **a sliding fee scale is available** for those whose family incomes meet the Center's income guidelines. Sliding fee services are limited to patients with their services area. The services area includes Lubec, Whiting, Cutler, East Machias, Machias, Pembroke, Dennysville, and Edmunds. Under sliding fee, all preventive and emergency dental services are covered to the percentage of an individual's place on the Sliding Fee scale. All other services except for the following will be reduced to a minimum of 50% of the charge: Dentures, partial dentures, occlusal guards, bridgework, crowns, and denture repairs are not covered under the Sliding Fee Program. Dental services are also available on an emergency basis.

Office hours: Monday-Friday, 8:00 AM to 5:00 PM

Tuesday: 8:00 AM to 8:00 PM.

York County

Resources

Community Dental – Sanford	324-5508
Community Dental – Saco	282-1305
York County Community Health Care	490-6900

Program Descriptions

Community Dental – Sanford

941 Main Street

Sanford, ME 04073

Tel: 324-5508

Fax: 324-5334

Community Dental – Sanford provides comprehensive preventive and restorative dental services as well as oral health education to children and adults. MaineCare and private insurance are accepted. An income based sliding fee schedule is available to uninsured residents of Community Dental's service areas in southern, central, and western Maine who meet the income guidelines.

Center Hours: Monday to Thursday: 8:00 AM to 4:30 PM

Community Dental – Saco

Kimball Health Center

333 Lincoln Street

Saco, ME 04072

Tel: 282-1305

Fax: 282-7351

Community Dental – Saco provides comprehensive preventive and restorative dental services as well as oral health education to children and adults. MaineCare and private insurance are accepted. An income based sliding fee schedule is available to uninsured residents of Community Dental's service areas in southern, central, and western Maine who meet the income guidelines.

Clinic Hours: Monday to Thursday: 8:00 AM to 4:30 PM

York County Community Health Care

P.O. Box 72

32 Patriot Lane

Sanford, ME 04073

Tel: 490-6900 or 800-965-5762 [in York County]

York County Community Health Care is a program of York County Community Action Corporation providing dental, primary care, and mental health services. The Center's Dental Department provides a full range of preventive, restorative, emergency, and minor oral surgery care to individuals of all ages. A sliding fee discount is provided to persons who meet the Health Center's income guidelines. Families and individuals insured by MaineCare, private insurance, or Dirigo Health are welcome.

Office Hours: Monday to Thursday 8:00 AM to 5:00 PM;

Friday 8:00 AM to 5:00 PM Hygienist only.

SECTION II. STATE-FUNDED ASSISTANCE PROGRAMS

Medical and dental benefits available through, Maine Department of Health & Human Services, Office of MaineCare Services.

A. General Information

MaineCare provides medically necessary benefits to eligible persons of all ages. Benefits are subject to policy regulations because they are funded with federal and state monies.

The following people may be eligible for medical benefits through MaineCare:

- Persons who receive Temporary Assistance to Needy Families (TANF)
- Persons who receive Supplemental Security Income (SSI)
- Families with dependent children
- Persons who are elderly, blind, or disabled
- Individuals under age 21
- Pregnant women
- Persons in need of nursing home care
- Persons who are in a foster home or boarding home

Applications for MaineCare are available at any DHHS office or by calling toll free 1-877-543-7669.

- After reviewing the application and circumstances, DHHS staff will determine eligibility.
- For the office nearest you, see the listing at the end of this section.
- Individuals having other health insurance such as Medicare or Anthem Blue Cross/Blue Shield may also be eligible for MaineCare.

Note: Dental Providers are not required to participate in MaineCare. They may choose to accept MaineCare members or not. **MaineCare Member Services provides assistance in finding dental providers for MaineCare members. The telephone number is 1-800-977-6740.**

See part B in this section for more information about benefits for individuals under age 21. Please note that MaineCare pays enrolled dental providers directly for covered benefits. Providers cannot charge members for the difference between their usual fee and the MaineCare payments for covered benefits. They can charge for non-covered services.

B. MaineCare Dental Services for Children and Young adults (under age 21)

- Children and young adults under age 21 are covered for preventive, routine, and some specialized dental services.
- Orthodontic treatment requires written approval by MaineCare's Prior Authorization Unit before it takes place. The telephone number is 1-800-321-5557, extension 7-2033.
- MaineCare Member Services helps to obtain dental services through Prevention and Health Promotion Benefits for Members under age 21 (formerly know as EPSDT).
- Member services can help with getting transportation, setting up medical and dental appointments, finding a physician or a dentist, and answering questions about MaineCare benefits.
- For more information call Member Services toll-free at 1-800-977-6740 (TDD/TYY: 1-800-977-6741).

For more information, or to get an application for MaineCare contact the DHHS office nearest you (see list), or phone toll-free at 1-877-543-7669. You can also visit the Department of Health & Human Services website at <http://www.maine.gov/dhhs/DHSaddresses.htm>

C. MaineCare Dental Benefits for Members age 21 and over:

- MaineCare covers treatments to relieve pain, eliminate acute infection and/or prevent imminent tooth loss for members age 21 and over. For example, if an individual has a tooth that is causing pain, MaineCare will pay for either treatment and restoration or extraction of that tooth. Prior authorization may be needed for certain procedures.
- Medically necessary treatment for periodontal disease is covered in cases of acute necrotizing ulcerative gingivitis (A.N.U.G.), a particularly severe infection. Prior Authorization is not required when this diagnosis is justified.
- With prior authorization, other services may be covered if justification of medical necessity and cost effectiveness is submitted to the Prior Authorization Unit. The cost of dental services must be cost-effective when compared to the costs of ongoing medical care, which exist or may develop as a result of the need for the requested dental services.

For more information:

- **Providers may contact the Provider Relations Unit at the Bureau of Medical Services at 1-800-321-5557.**
- **MaineCare members may call Member Services at 1-800-977-6740**

**REGIONAL OFFICES
OF THE
DEPARTMENT OF HEALTH & HUMAN SERVICES**

35 Anthony Ave
OIAS – SHS #11
Augusta 04330-0011
Tel: 624-8000
Toll Free: 800-452-1926

396 Griffin Rd
Bangor 04401
Tel: 561-4100
Toll Free: 800-432-7825

208 Graham Street
Biddeford 04005
Tel: 286-2400
Toll Free: 800-322-1919

392 South Street
Calais 04619
Tel: 493-4000
Toll Free: 800-622-1400

30 Skyway Drive –Unit 100
Caribou 04736
Tel: 546-3444
Toll Free: 800-432-7366

17 Eastward Lane
Ellsworth 04605
Tel: 667-1600
Toll Free: 800-432-7832

114 Corn Shop Lane
Farmington 04938
Tel: 778-8400
Toll Free: 800-442-6382

137 Market St
Fort Kent 04743
Tel: 834-7700
Toll Free: 800-432-7340
TDD 1-800-606-0215

11 High Street
Houlton 04730
Tel: 532-5000
Toll Free: 800-432-7338
TDD 1-800-606-0215

200 Main Street
Lewiston 04240
Tel: 795-4300
Toll Free: 800-432-7846

13 Prescott Drive
Machias 04654
Tel: 255-2000
Toll Free: 800-432-7520

161 Marginal Way
Portland 04101
Tel: 822-2000
Toll Free 800-432-7520

91 Camden Street-Suite 103
Rockland 04841
Tel: 596-4200
Toll Free: 800-432-7802

890 Main Street – Suite 208
Sanford 04073
Tel: 596-4200
Toll Free: 800-482-0790

98 North Street Suite 10
Skowhegan 04976
Tel: 474-4800
Toll Free: 800-452-4602

243 Main Street- Suite 6
South Paris 04281-9901
Tel: 744-1200
Toll Free: 888-593-9775

SECTION III. - OTHER RESOURCES

Resources

American Indian/Alaska Native Tribal Programs

Aroostook Band of Micmacs - Micmac Service Unit, Presque Isle
Houlton Band of Maliseet Indians, Houlton
Passamaquoddy Tribe of Indian Township, Princeton
Passamaquoddy Tribe of Pleasant Point, Perry
Penobscot Indian Nation, Old Town

Area Agencies on Aging

Aroostook Area Agency on Aging, Presque Isle
Senior Spectrum, Central Maine, Agency on Aging, Augusta
Eastern Area Agency on Aging, Brewer
Southern Maine Agency on Aging, Portland
Western Area Agency on Aging, Lewiston

State Agencies:

Maine Department of Health & Human Services, Oral Health Program, Augusta
Maine State Board of Dental Examiners, Augusta
Maine Dental Association, Manchester

Other Resources:

Cole Family Foundation Orthodontic Project
Donated Dental Services Program
Rural Community Health Centers (general)
Senior - Dent
State - wide Resources
Other Suggestions

Program Descriptions

American Indian/Alaska Native Tribal Programs

The following tribal programs located in Maine currently offer direct and/or referral medical or dental services for registered members of federally recognized American Indian/Alaska Native tribes. These are tribally directed programs, and each may differ significantly in eligibility requirements and ability to provide services. Contact should be made with the individual program's Health Administrator to determine the specific services available.

Micmac Service Unit

8 Northern Road
Presque Isle, ME 04769
Tel: 764-1792

The Micmac Family clinic will service the primary health care needs of eligible tribal members living in Aroostook County. Please call for current information regarding eligibility for services.

Houlton Band of Maliseet Indians

Tribal Health Program
88 Bell Road – Suite 2
Littleton ME 04730
Physical Location: 12 Clover Circle, Houlton ME
Tel: 532-4229 or 1-888-594-8272

Clinic available with direct health services:

Monday, Tuesday, Wednesday, and Friday: 8:00 AM to 4:00 PM.

Thursday: 10:00 AM to 6:00 PM.

Dental services through contract providers: Must be a member of a federally recognized Indian Tribe.

Passamaquoddy Tribe of Indian Township

Indian Township Health Center
P.O. Box 97
Princeton, ME 04668
Tel: 796-2322 (clinic)

Email: djohnson@nspit.nashville.ihs.gov

Direct medical, dental care, contract referral for qualified federally recognized Native Americans.

Passamaquoddy Tribe of Pleasant Point

Pleasant Point Health Center
P.O. Box 351
Perry, ME 04667
Tel: 853-0644 (health center)
Email: ctaylor@nsppp.nashville.ihs.gov

The Passamaquoddy Tribe of Pleasant Point accepts any federally recognized Native American. Direct medical and dental care services can be received at Pleasant Point Health Center with correct identification.

Penobscot Nation Health Department

23 Wabanaki Way
Indian Island
Old Town, ME 04468
Tel: 817-7400

Direct medical and dental care for federally recognized Native Americans: plus contract referral care for eligible tribal members.

Area Agencies on Aging

Area Agencies on Aging may be able to provide assistance in locating sources of dental care. They also determine eligibility for Senior-Dent, a program that offers dental care to low-income elderly persons at reduced fees. See page 24 for a description of Senior-Dent.

Aroostook Area Agency on Aging

(Aroostook County)

33 Davis Street, P.O. Box 1288

Presque Isle, ME 04769

Tel: 764-3396 or 1-800-439-1789

Office Hours: 8:00 AM to 4:30 PM

Spectrum Generations - Central Maine's Area Agency on Aging

(Kennebec, Somerset, Knox, Lincoln, Waldo and Sagadahoc Counties)

One Weston Court, P.O. Box 2589

Augusta, ME 04338-2589

Tel: 623-0764 or 1-800-282-0764

Office Hours: 8:00 AM to 4:30 PM

Web site: www.spectrumgenerations.org

Eastern Area Agency on Aging

(Penobscot, Piscataquis, Washington, and Hancock Counties)

450 Essex Street

Bangor, ME 04401

Tel: 941-2865 or 1-800-432-7812

Fax: 941-2869

Office Hours: 8:00 AM - 4:30 PM

Website: www.eaaa.org

Southern Maine Agency on Aging

(Cumberland and York Counties)

Contact person: Paddy Clark – Resource Database Specialist

136 US Route 1

Scarborough ME 04074

Tel: 396-6500 or 1-800-427-7411

Fax: 883-8249

Office Hours: 8:00 AM to 4:30 PM

Email general mail box: smaa@smaa.org

Seniors Plus – Western Area Agency on Aging

(Androscoggin, Franklin, and Oxford Counties)

8 Falcon Road, P.O. Box 659

Lewiston, ME 04243-0659

Tel: 795-4010 or 1-800-427-1241

Office Hours: 8:00 AM to 5:00 PM

Website: www.seniorsplus.org

Maine Department of Health & Human Services, Oral Health Program

11 State House Station
Key Plaza, 5th Floor
Augusta, ME 04333-0011
Tel: 287-2361
Fax: 287-7213

The Oral Health Program cannot provide clinical dental services or financial assistance. However, dental health information and limited information and referral services are provided. For questions about using this directory, contact the Program.

Maine State Board of Dental Examiners

143 State House Station
Augusta, ME 04333-0143
Tel: 287-3333

The Board of Dental Examiners can provide information on the Maine State Dental Practice Act and licensure of dentists, dental hygienists, dental radiographers, and denturists. This Board also handles complaints regarding these professionals.

Maine Dental Association

P.O. Box 215
Manchester, Maine 04351
Tel: 622-7900; Fax: 622-6210
Contact Person: Frances Miliano, Executive Director

The Association does not provide clinical services, financial assistance, or direct referrals. Only information on the Association's programs and activities are provided.

Cole Family Foundation Orthodontic Project

Referring dentist may call:
Maine Dental Association
P.O. Box 215
Manchester, ME 04351
Tel: 622-7900
Contact Person: Frances Miliano, Executive Director
Email: www.info@medental.org

This project, a partnership between the private Cole Family Foundation and the Maine Dental Association (MDA), is designed to help provide orthodontia (braces) for 25 to 30 Maine children a year, in cases where no other funds are available. Children from low-income families who do not qualify for any government program (such as MaineCare) may be eligible. The Foundation will reimburse up to 70% of the orthodontist's usual fee, which the provider is required to accept as total payment, so there will be no cost to the child's family. Cases are referred from dentists and selected for approval by a panel of Maine Dental Association members; financial eligibility is determined by the Foundation. **Referrals to this program must come from a dentist** (self-referrals from patients will not be considered). Dentists should contact the Maine Dental Association and request the information packet for the Cole Family Foundation Orthodontic Project.

Donated Dental Services Program

This program offers free comprehensive dental care to needy disabled, aged and medically compromised individuals by dentists who volunteer their services. The program serves disabled and elderly people who cannot afford needed treatment and have no other way of getting help. Each person's condition must be severe enough to prohibit or significantly limit gainful employment, and they must need extensive treatment rather than only a cleaning or check-up. In addition, they can neither afford dental care nor get it through other programs. Each patient receives services through this program only once. When all needed work is completed, the case is closed. Patients are restored to oral health, but they are responsible for maintaining it.

The Donated Dental Services Program is sponsored by the Maine Dental Association, partially funded by the Maine State Legislature, and administered through a contract with the National Foundation of Dentistry for the Handicapped. For additional information, and to receive an application, contact the DDS Program referral coordinator at 1-800-205-5615.

Rural and Community Health Centers

Community health centers may be able to assist individuals in obtaining dental care through agreements with local providers or other arrangements. Each health center has its own policies and procedures. For information about a specific rural community health center, call the center directly, or contact the Maine Primary Care Association at 73 Winthrop Street, Augusta, ME 04330 Tel: (207) 621-0677. Several community health centers provide clinical dental services on site. Those who provided information are listed in this directory by region with the other services in their area.

Senior-Dent

Senior-Dent is a Maine Dental Association program that offers comprehensive dental care to low-income elderly persons at reduced fees. Maine citizens who are age 62 and older, with no dental benefits under private insurance plan or the MaineCare program: whose annual income qualifies them for Maine's Low-Cost Drug program, are eligible to enroll in Senior-Dent. Persons who qualify for Senior-Dent will receive a **minimum discount of 15 percent** from the usual and customary fees of participating dentists on all dental services.

Maine's Area Agencies on Aging can provide further information about Senior-Dent and can determine if an individual is eligible to receive dental care at reduced fees. For more information, contact the nearest Agency (see page 22 for list).

State-wide Resources

By state-wide resources, we mean those that **may not impose geographic or residence restrictions** as a condition for receiving services. To our knowledge, at the time this directory is going to print, the clinics, health centers and agencies listed below may see any Maine resident, regardless of where he or she lives. However, they may not offer out-of-area patients a sliding fee scale, or may otherwise limit services; for example, they may accept MaineCare but otherwise have restrictions, or see only children. **Be sure to ask about any restrictions** with a potential service provider at the time an appointment is being made.

Community Dental - Farmington	p. 5
Community Dental - Lewiston	p. 2
Community Dental - Portland	p. 4
Community Dental - Saco	p. 15
Community Dental - Sanford	p. 15
Community Dental - Rumford	p. 8
The Community Dental Center, Waterville	p. 7
Eagle Lake Health Center, Eagle Lake	p. 3
Harrington Family Health Center, Harrington	p. 14
Health Access Network Family Dental Care	p. 11
MaineCare Member Services	p. 16
Regional Medical Center, Lubec	p. 14
Strong Dental Center, Strong	p. 5
University of New England, Dental Hygiene Dept., Portland	p. 4
University College, Bangor, Dental Health Program	p. 10

Preventive Dental Hygiene programs offer a range of preventive services provided by registered dental hygienists practicing under Public Health Supervision status. They provide services via contracts and other arrangements with schools, Head Start, WIC agencies, other community agencies such as Boys & Girls Clubs.

- Prevention Partners, Inc. - primarily Southern & Central Maine, also statewide (207-633-9716)
- TFI (Tooth Fairy, Inc.). - Lewiston, Auburn, and the Oxford Hills Region (207-754-8487)
- Tooth Fairies, Inc.- primarily Southwestern Maine (207-998-3500)
- Maine Dental Health Out-Reach, Inc. - based in Winthrop, works with surrounding school systems (207-377-7003)

Other Suggestions

Other sources of help in finding dental services include public health or community health nurses, local hospitals, other health providers, or health and social services agencies in the area. Staffs at these agencies often have the best knowledge about what is currently available; for example, they often know who might be accepting new MaineCare patients. For those people who cannot afford to pay "out of pocket," finding a way to pay for dental services is difficult. Options for financial assistance currently are extremely limited. Here are some suggestions:

- Town health officers and/or town health councils, where they are active, can be asked for assistance in special circumstances.
- Local service clubs (such as the Kiwanis or Lions, etc.) can be approached about funding in individual cases.
- Town managers or town welfare directors should be asked about covering dental services under the General Assistance program.
- If individuals are currently receiving other kinds of services (vocational rehabilitation, welfare, employment training, etc.), the outreach worker or social worker should be consulted to find out if dental care can be provided or funded as part of those services.

Acknowledgments

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John E. Baldacci, Governor

Brenda M. Harvey, Commissioner

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